



## EPA for KIDS!

Every child is unique, the same can be true for their motor development! For some parents, they can feel overwhelmed when they are given an early diagnosis for the child – like Low Tone, Cerebral Palsy or Muscular Dystrophy. Other parents simply “notice” that their child isn’t playing or walking like their peers. Perhaps “worry” began at birth and has left parents wondering if their child will be able to lead a healthy active life.

**Our EPA clinics are conveniently located with today’s busy schedules in mind. Our professional friendly team will welcome you to the clinic and support your family:**

- Early morning & evening appointment times
- Free and convenient parking
- Online appointment scheduling
- Providing direct insurance options, & assisting you with any administrative concerns
- Collaboration & connection with community support & partners, to provide comprehensive care for your child & their needs



**Connect with us for more info**



519-767-9950



[eramosaphysio.com](http://eramosaphysio.com)



Visit our website for locations



## Pediatric Physiotherapy and more.

EPA for KIDS is just the beginning of your family becoming part of ours.



## EPA for KIDS

- Recognizes families as active members of your child's healthcare team
- Emphasizes early intervention to address developmental delays or movement challenges.
- Uniquely has an extensive, respected history in our communities, allowing us to connect you with many other key resources including, Medical Doctors and more. At some sites, these resources may be conveniently available at our clinic sites.
- Is just the beginning of your family becoming part of our EPA family. Our services are available across all ages and journeys in life; ensuring ease of transition as your children grow and their needs change.

## EPA for KIDS provides Pediatric Physiotherapy to support children and families working with:

- **Neurological conditions:**  
Cerebral Palsy, Muscular Dystrophy and Low tone
- **Movement Challenges:**  
Toe Walking, Toe in & out Walking, "W" sitting, Poor Coordination
- **Delayed Gross Motor Milestones:**  
Concerns with 0-3 years old milestones like delayed head control, rolling, sitting, crawling and walking
- **Infant concerns:**  
Torticollis, Well Baby Check-Ins, difficulty with feeding, avoiding laying/playing/gazing in one direction, head shape changes (Plagiocephaly), milestone screening
- **Developmental Coordination Disorder:**  
difficulty with age appropriate activities like using a scooter, riding a bike, running, etc.
- **Orthopaedic Concerns:**  
Growing Pains, Knee pain (Osgoode Schlatter's), Patellofemoral pain, Heel/Foot pain (Sever's Disease), Hip Pain (Legg Calve Perthes Disease, Slipped Femoral Epiphysis)
- **Sports**  
Concussions, Coordination/Body Awareness, Return to sport considerations
- **Pelvic**  
Urinary and Fecal incontinence, Bedwetting, Toilet Training, Constipation

Parents are their child's number one advocate; they want access to the best available resources and healthcare providers. With today's busy schedules and information overload, some families may not know where to start. Some are left feeling like "a number" in the system whereas many others are waiting in the cue for the same initial guidance.

Eramosa Physiotherapy Associates (EPA) have been leaders in the physiotherapy industry for decades. "EPA for KIDS" puts children and families first! Our Registered Physiotherapists are passionate about working directly with families and children to give them the tools they need to work towards their unique goals.

