

Donna Legge-Nevelt

is proud to present

Your Feeding Toolkit: Treating the Whole Child & the Whole Family

Presented (live) by Melanie Potock, MA, CCC-SLP

Course Description:

By utilizing a “whole child, whole family” feeding approach, therapists can develop their own toolkit of strategies to customize treatment plans. Why do children have trouble eating? How are physiology, the sensory system, motor skills and behavior linked to a child’s desire to try new foods? How do family dynamics and parenting styles influence progress? Why is it that a child eats well in the clinic setting but cannot generalize those skills to the home and school? This course answers those questions while participants learn how to problem solve common roadblocks in eating and then continue to build progress by following a hierarchy of steps to success. Most importantly, this course emphasizes the importance of keeping the fun in feeding while developing consistent positive behaviors at mealtimes so that everyone in the family can enjoy their time together around the family table!

Target audience

Occupational Therapists, Speech and Language Pathologists, Psychologists, Mental Health Clinicians, Social Workers, Psychiatrists, Dietitians, Naturopathic Doctors, Nutritionists, Pediatricians, Family Physicians, Nurse Practitioners, Pediatric Dentists, Lactation Consultants, Parents and Caregivers, Early Interventionist Workers, Educators, Therapy assistants and appropriate others in pediatric health professions or care.

Presenter

Melanie Potock, MA, CCC-SLP, is an international speaker on the topic of feeding babies, toddlers and school-age kids and a pediatric feeding therapist. She is the co-author of the award-winning *Raising a Healthy Happy Eater* (2015; 2nd edition 2022), *Responsive Feeding* (2022) & 4 other popular books focused on raising adventurous eaters. Mel’s Instagram has become a trusted resource for both parents and professionals across the globe. Her content includes guidance about starting solids, pacifier and bottle weaning, strategies for picky eaters and advice on Avoidant Restrictive Food Intake Disorder (ARFID) or extreme picky eating. Melanie’s strategies have been shared in television & print media, including *The New York Times*, *The Wall Street Journal*, *CNN.com* & *Parents Magazine*.

Learning objectives

Upon completing the 7-hour seminar, participants will be able to:

1. Discuss how protective behaviors develop when GI discomfort, sensory processing challenges, and delayed gross and/or fine motor skills impact a child’s willingness to eat
2. Teach gentle, basic parenting principles to support the caregiver’s carry-over of the child’s treatment plan
3. Implement strategies of responsive feeding in typical feeding development and guide the family to a responsive feeding model upon discharge
4. Apply gentle, basic behavioral principles in therapy while respecting a child’s unique sensory system, temperament, and emotions
5. Describe how to teach the following skills as they coincide with the developmental process of learning to eat: biting, chewing, swallowing independently, straw and open cup drinking
6. Implement a hierarchical method of problem solving to meet functional outcomes
7. Understand how to problem solve new challenges with future clients by systematically breaking the task into smaller steps and teaching one step at a time



Details and Registration Information:

Date/ Time: April 12, 2024; 8:30 am-4:30 pm

Location: Lakeside Conference Centre, Guelph, ON.

Registration: Early Bird Rate: \$340 by February 1, 2024
Regular Rate: \$370 February 2, 2024 onward
Registration Deadline: March 1, 2024

(includes all course materials, lunch and snacks)

- ***If registering for both the Feeding Toolkit (May 3) AND the ARFID: The Anxious Eater (May 4), you will receive a \$50 discount off of your total registration!***

To register please contact: Donna Legge-Nevett (519) 820-4113 or donna@kidscanshine.com

Receipt and Certificate of Attendance will be provided to all attendees