

# Kindergarten Readiness Program:

**Where:** Kids Can Shine Therapy Clinic/ Eramosa Physiotherapy, Elora

**When:** Wednesday mornings or Saturday mornings for 8 weeks (10:30am-12noon)

**Group Size:** 4-6 participants

This will be an interactive morning program for kiddos preparing to start kindergarten (JK) or those who may need a little more practice before heading to SK in September!

- This program is run by an Occupational Therapist with 25+ years supporting early intervention for children.

**We will target learning activities such as:**

- **Social skill exposure and practice (turn taking and sharing)**
- **Fine motor skills (drawing, colouring, scissor and glue skills)**
- **Navigating lunch and snack time**
- **Getting dressed for indoor/ outdoor time**
- **Letter, Number, Colour and Shape Introduction and Awareness**
- **Recognizing their name**
- **Problem Solving and Asking for Help**

Towards the end of the program, the Occupational Therapist will provide a summary of next steps and continued learning needs. The OT can also offer transition to school support via consultation or meeting with school staff, as needed.

(Receipts can be provided - please check with your insurance provider to determine if you may be eligible for OT coverage).

**Registration Deadline: February 1, 2024**

To register or for more information, please contact:

**Donna at (519) 820-4113** or [donna@kidscanshine.com](mailto:donna@kidscanshine.com)

Certificate of Attendance will be provided to all attendees!