

Donna Legge-Nevett

is proud to present

Introduction to Airway Centric Pediatric Health Care and Tongue Ties Workshop:

Provided by Dr. Alison Sigal

Certified Specialist in Pediatric Dentistry

B.H. Kin, DDS, MSc (Peds Dent), FRCD(C)

About the Presenter:

Dr. Alison Sigal established Little Bird Pediatric Dentistry to provide comprehensive airway centric health care to children from birth onwards. Additional training in orofacial myofunctional therapy, frenum assessment and Buteyko breathing. Comprehensive assessment and treatment protocols to optimize children's growth, development and function were established based on anatomy and physiology; striving to become the new standard in pediatric oral health care.

Description:

The tongue is a muscular hydrostat and when properly functioning at rest, is passively suctioned up against the palate. Assisting with optimized craniofacial and respiratory growth, habitual nasal breathing, and attainment of quality, recuperative, deep sleep. Unfortunately, when a tongue tie is present, another domino effect of varying consequences can take place, which may include: sub-optimal growth, feeding difficulties, palatal collapse, habitual mouth breathing, sleep disordered breathing, OSA, behavioral challenges, and more.

Covering the essential airway centric elements for optimizing your patient's cranio-facial growth, development, and function from birth onwards.

Scientific and evidence-based with an emphasis on anatomical and physiological changes occurring from birth. Learn the signs and symptoms to be aware of, what can be provided (E.g. orofacial myofunctional therapy, breathing re-education, frenotomy (tongue/lip tie) - functional scissor surgical approach, and how a multi-disciplinary philosophy is essential for best care. From breathing, tongue and lip function, breastfeeding/feeding, incorporation of solid foods, and sleeping to products - each topic will be explored.

Dr. Sigal covers a review of the current literature including up to date research from her own multi-disciplinary practice highlighting her comprehensive airway centric patient assessments, treatment protocols and outcomes at all respective patient ages (infancy, childhood, teens).

Target Audience:

Occupational Therapists, Speech and Language Pathologists, Physiotherapists, Dietitians, Family Physicians, Pediatricians, Massage Therapists, Osteopathic Manual Practitioners, Chiropractors and any health care provider working with babies and children.

Learning objectives:

Identify the essential components of baby's head and neck anatomy for optimized growth, development and function.

Identify signs and symptoms of tongue tie (restricted lingual frenum) to be aware of throughout pediatrics.

Explain how tongue ties can negatively impact the way we live, eat, breathe, and sleep.

Describe how they as health care professionals can help: Introduction to treatment modalities with case examples for respective age groups.

Details and Registration Information:

Date/ Time: February 10, 2024 10am-1 pm
Networking with therapists, local supports and colleagues 1-2 pm

Location: Kids Can Shine, Elora, ON.

Registration: Early Bird Rate: \$190 by December 31, 2023
Regular Rate: \$220 January 1-January 30, 2024

(includes all handouts, coffee and snacks)

To register please contact: Donna Legge-Neve (519) 820-4113 or donna@kidscanshine.com

Receipt and Certificate of Attendance will be provided to all attendees